

Ludham Parish News – March 2025

These past thirty years, four gardens later and not in heavy rain, I take my first tea outside still in nightclothes and sit on my bench. It is my time of Quiet!

In my garden a friendly Robin sits close up and Jenny Wren pops here and there. I wonder if the Long Tailed Tits are from the two broods that fledged in my old french cupboard, standing in the backyard, amongst its shelves of old green bottles and stone jars. A pair of Blackbirds move through the plants and the Church clock chimes the hour to join in my thoughts about our World, the tribulations of it's people amidst natural disasters and the continued uncertainty of Wars. So back to my Bench:

It was made from the timbers of The Esperance Bay a Scottish Passenger/Cargo Steam Vessel launched in 1922, but requisitioned by the Admiralty at the start of the War. As an Armed Merchant Cruiser it rescued in July 1941, nine merchant seamen, whose ship had been sunk by a U-Boat. In 1955 the Esperance was broken up and my bench made in the late fifties. Sitting on my Bench:

I am in awe at the unexpected beauty of my flowers, a carpet of snowdrops, primroses, cyclamen and the roses and not forgetting the anticipation of seeing many other flowers. My thoughts are drawn to what the nine men must have prayed for waiting to be saved.

As we approach Lent on 5th March an Ash Wednesday Service takes place at St Catherine to start our journey with Jesus to the Cross at Easter.

Wherever your Quiet Place may be I pray that you are able to give time to think about your life, what it means to you and perhaps let God speak into your heart.

"I Lift My Eyes To The Quiet Hills"

<u>April Noyes</u>

COME AND JOIN ST CATHERINE'S CHOIR FOR COMPLINE

The choir of St Catherine's church, Ludham will be singing the ancient office of Compline each Thursday evening during the weeks of Lent. They will be singing this wonderful evening service at the end of their choir practice at 7pm on Thursdays March 6th, 13th 20th, 27th and April 3rd,10th and Maundy Thursday, April 16th.

Compline derives its name from a Latin word meaning 'completion' (completorium). It is above all a service of quietness and reflection before rest at the end of the day All are welcome to join in this wonderful tradition going back to the days of the monks at St Benet's Abbey and before. The service lasts about 15 minutes

MARCH EVENTS AT LUDHAM METHODIST CHURCH



Annual Shrove Tuesday Pancake Morning

4 March from 10.30 to 1pm
in Aid of Each Anglian Children's Hospices
and the Chapel building.

Light lunches for £5 on alternate Thursdays:
6th and 20th March from 11.45 to 1pm
Coffee morning every Thursday from 10.30 in aid of the Chapel building. Sloper Room, Ludham Methodist Church.

Waterside Benefice

Songs of Praise

Led by Rev. Gary Noyes

With St Catherine's Church Choir and the Scratch Band

> Sunday 23rd March 3pm St Catherine's Church Ludham



Come along for a jolly good sing

Followed by tea and cake!



EASTER LILIES If you would like to make a donation to the lilies used to decorate St Catherine's church at Easter, maybe in memory of a loved one or to give thanks for something special, please contact: Helen Middleton 01602 678072 by Friday 11th April.

Suggested donation, £1 per lily.

The church will be decorated on the morning of Saturday 19th April Do come along if you wish.

Easter Lilies Lilies

<u>LENT COURSE Joint Waterside/Methodist Lent Course- 2025</u>
Each session will be in the Sloper Room at the Methodist Church.

The dates are: 11th,18th & 25th March and 1st, 8th April. Commencing at 7pm.
The theme is 'Build On The Rock - Faith, doubt - and Jesus'



Hear for Norfolk

Hear for Norfolk is a charity dedicated to improving the emotional wellbeing, communication, and quality of life for people with hearing loss and related conditions. We provide our support through the following range of services:

Aural Care Service - Removal of earwax using microsuction, performed by trained, registered, and experienced nurses

Adult Audiology Service - NHS funded hearing assessments and fitting of hearing aids for people aged 50+, performed by trained, registered, and experienced audiologists

Hearing Support Service - Maintenance of NHS issued hearing aids

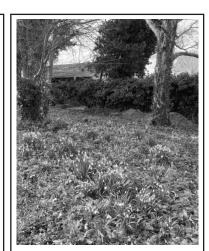
Otoscopy Clinics - Screening of ears for the presence of earwax

Cuppa Care Project - Emotinal and wellbeing support, information and advice to people of all ages

Hearing Loss Awareness Training

The above services are available from our community based clinics, mobile clinics and domicillary/care home visits for housebound people

Please call us on 01603 404440, email us on nda@hearfornorfolk.org.uk or visit our website www.hearfornorfolk.org.uk for more information



Congratulations and Thank You! to Philip and Shelley who have created a lovely Woodland Walk in St Catherine's churchyard Do go and have a look at it and the carpet of snowdrops.

SCREENLUDHAM: NOW IN ITS 15TH YEAR Next showing: Friday 28th March "Conclave"

drama/Thriller 12A 120 mins Based on Robert Harris best selling novel about a papal election and the trail

of deep secrets revealed

MOBILE LIBRARY: Friday 7 March

stops-Broad Reaches; Whitegates; High Street

Phone: 01603 222303 200

<u>Ludham Village Hall</u>

Ludham Village Hall 200 Club March 2025 Winners

Richard Pinning (£20) Lindsay Grist (£20) Mike Flett (£10) Ken Grapes (£10)

New Members are always welcome. For details, please see our website

https://ludhamvillagehall.com/hall-200-club or email LVH200Club@gmail.com.

For Village Hall hire: Jacqui Doran 01692 678419 ludhamvillagehall.com

ST CATHERINE'S CHURCH

Ludham, Catfield and Potter Heigham Benefice For enquiries contact: Vicar: Revd Gary Noyes Email: granoyes@gmail.com 01692 678842 Churchwarden: Peter Wall 01692 678060 COFFEE MORNING: Friday 10am-12noon

CHURCH SERVICES MARCH ST CATHERINE'S CHURCH 10AM

Sunday 2 March Benefice Holy Communion Potter Heigham Revd Gary Noyes

Wednesday 5 March ASH WEDNESDAY 7PM

Imposition of Ashes Holy Communion

Thursday 6 March 7pm SUNG COMPLINE Sunday 9 March Holy Communion Revd Gary Noyes

Thursday 13 March 7pm SUNG COMPLINE

Sunday 16 March Morning Worship

Thursday 20 March 7pm SUNG COMPLINE Sunday 23 March Morning Worship

Thursday 27 March 7pm SUNG COMPLINE Sunday 30 March MOTHERING SUNDAY

Joint Service with Methodists

CLUBS AND SOCIETIES IN MARCH

THURSDAY CRAFTERS Meet in the Sloper Room

Methodist church 2-4pm

next meetings: Thursday 13,27 March. Come and see

what we do, Lindsey 01692 630039

Ludham Wives.

Thursday March 13th Games Evening. Possible Beetle

Thursday 27th March Annual Dinner at the Greyhound

Hickling 7pm for 7.30 pm.

For more information contact Judith 77308. Margaret 678503. We meet in the Sloper room every other

Thursday at 7.30pm

For-Get-me-not Club. Meetings in March.

Thursday March 6th.

Thursday March 20th.

We meet in the Church Rooms at 2 pm.

For more information contact Wendy 678151.

LUDHAM ARCHIVE GROUP

Meet 7pm in Church Room All welcome

Tuesday March 11th - Kim's Norfolk Story part 2.

More from Kim following on from his last fascinating presentation.

Tuesday March 25th - Ludham Wildlife Photography with Tim and Bob. Find out all about how they do those fantastic pictures

METHODIST CHURCH

Norfolk Broads Methodist Circuit

Pastoral Assistant Shaun Cushion 01482 740237

shauncushion@yahoo.co.uk

Steward Alan Croft Hi Timbers The Street Catfield NR29

5AZ 01592 582104

COFFEE MORNING THURSDAY 10.30am

CHURCH SERVICES MARCH METHODIST CHURCH 11AM

Sunday 2 March Moyra Ketteringham (FSS)

Sunday 9 March Andrew Moll

Sunday 16 March Shaun Cushion Holy Communion

Sunday 23 March Local Arrangement

Sunday 30 March MOTHERING SUNDAY United

Service at Parish church

STEVEN LUXFORD PROFESSIONAL PAINTER & DECORATOR

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> MUSEUM OF THE BROADS OPEN FROM 30 MARCH 2025 Spring Trail 6-22 April

CLUBS AND SOCIETIES IN FEBRUARY

Womack Herons celebrate Spring with two meals out in March. On Thurs 6th we are booked at the Fur& Feather Inn. Woodbastwick for a 12,30pm lunch. Booking with menu choice to Tricia by 27th February: see the 'winter weekday menu' on: www.furfeathernorfolk.com Then on Thurs 27th, we gather at the Wayford Bridge Hotel for the Spring Supper at 7pm. Booking with menu choice to Tricia by 19th March. See menu in the meeting details on Womack Herons website www.womackherons.org.uk For

information on the 2025 programme see the website or

contact Tricia on tricia@womackherons.org.uk or

LUDHAM WOMEN'S INSTITUTE

07931 301606

WEDNESDAY 19 MARCH 1.30pm CHURCH ROOM Talk: LIFE DRAWING: Ruth Smith Competition: A pencil sketch. All welcome For more information 678144





LUDHAM PARISH COUNCIL

Bottle Banks

The Parish Council receives approximately £1,000 per year for glass recycling in the bottle banks round the village. The costs associated with these bottle banks are around £500, so the profit goes directly towards supporting the village. Thank you to those of you who recycle your glass in the bottle banks. As a reminder, the bottle banks are in the following locations:

- The Dog Inn
- Ludham Bridge
- Womack Staithe
- The Kings Arms

Hedge cutting

Please cut hedges before the beginning of March especially where they encroach on public footpaths or roads / pavements

Before you start cutting a hedge, you must check for any nesting birds within it. Nesting season runs from March to August each year, so it's likely that there could be a nest within your hedge during this period. According to the Wildlife & Countryside Act 1981, it's an offence to damage or destroy the nest of a wild bird while it's in use or being built. Therefore, if you discover a nest in your hedge before trimming or pruning, you need to leave it alone and wait until late August before attempting to cut anything back.

The next meeting of the Parish Council will take place on <u>Tuesday 4th March 2025</u> in the Church Rooms at 7.30pm. All parishioners are warmly invited to attend.

Website: Ludhampc.norfolkparishes.gov.uk

Clerk: Jo Beardshaw, ludhamparishclerk@hotmail.co.uk.

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